SIMPLY EARTH

HOMESCHOOL

Mango Butter Hand Cream

A Free Lesson from Simply Earth Homeschool



DISCOVERY · 4–7

THIS BOOK BELONGS TO: _____



A Note to the Student

Hi, Little Maker!

Today, we make something beautiful: a fluffy Mango Butter Hand Cream!

You'll whip mango butter and coconut oil together until it turns soft and creamy, just like something from a fancy store. The secret? You made it yourself, with your own two hands.

Some of our oils are strong. A grown-up helps with those. That part is their job.

Ready? Let's make something worth giving!

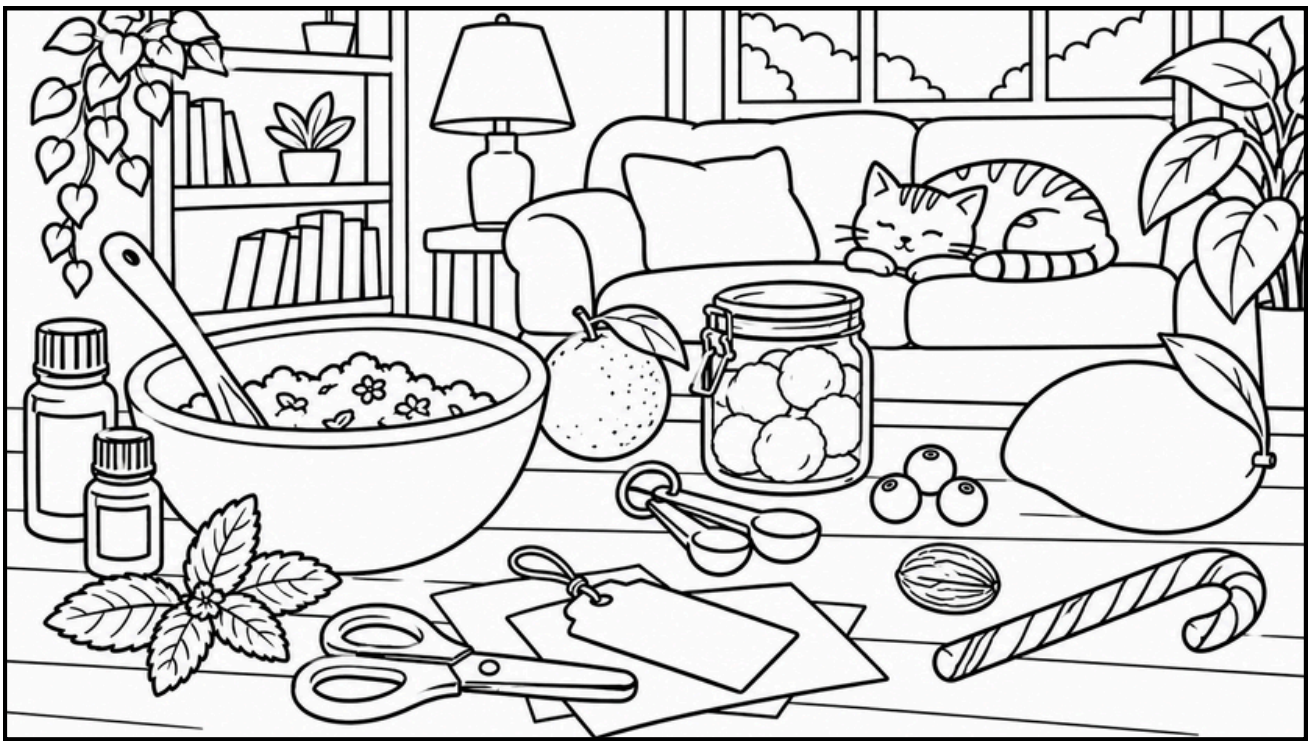
Katie

SIMPLY EARTH HOMESCHOOL



Hidden Picture

Your shop is full of surprises! Find each thing hiding in the picture and color it in.



- ◯ An orange
- ◯ A nutmeg seed
- ◯ A mango
- ◯ Three cranberries
- ◯ A candy cane
- ◯ A mint sprig

😂 **JOKE TIME!**

Knock, knock! Who's there? Orange. Orange who? Orange you glad you're a shopkeeper today?

Mango Butter Hand Cream



🏃 WARM-UP

Whisk It Up! Pretend your arm is a hand mixer. Hold it out and spin it in circles — slow, then medium, then SUPER FAST! Then puff yourself up big and fluffy, like a giant cloud of whipped cream.

FLUFFY CLOUDS OF CREAM

Today's cream uses almost the exact same things as our melty bar — mango butter, coconut oil, beeswax, almond oil! But this time, instead of pouring it into a mold, we're going to WHIP it — mixing it fast, fast, fast — until it turns light and fluffy, like a cloud! Same ingredients, but whipping them traps tiny bubbles of air inside, and that's what makes it fluffy.

MEET A REAL ENTREPRENEUR

Estée Lauder! When Estée Lauder was a little girl, her uncle made skin creams in a tiny lab behind her house. When she grew up, she made creams on her own kitchen stove — and she let people try them for free so they could feel how soft they made their skin. People loved them! Today her company is one of the biggest beauty companies in the whole world.

What Do You Think?

PART A - LET'S REMEMBER

1.) CIRCLE: What ingredients does today's cream share with the melty bar?

Almost all of them! None of them

2.) What do we mix into the cream to make it fluffy? _____

PART B - BEFORE YOU TRY IT!

1.) CIRCLE: Do you think whipped cream will feel lighter or heavier than the poured bar?

🪶 Lighter 🪨 Heavier

▸ VOCAB

Trace the word:

FLUFFY

Fluffy means light and full of air, like a cloud.

😂 JOKE TIME!

What did the hand cream say to the dry, scratchy hands? "Don't worry — I've got you covered!"

Mango Butter Hand Cream

WHAT YOU NEED



- 1 Tbsp Mango Butter
- 1 Tbsp Coconut Oil (Solid)
- 1 tsp Beeswax
- 1 Tbsp Almond Oil
- 8 drops Candy Cane Essential Oil Blend
- Your little jar and a product tag
- Optional: 5 drops Vitamin E (helps your cream stay fresh longer)

WHAT TO DO

1. Ask your grown-up to melt the mango butter, coconut oil, and beeswax together.
2. Stir in the almond oil.
3. Wait until it starts looking a little cloudy at the edges. Add your Candy Cane oil (and Vitamin E, if using)!
4. If you have a hand mixer, whip it up fluffy! Or just pour it smooth into your jar.
5. Tie on a product tag.

What Did You See?

STEP 1 — LOOK · FEEL · SNIFF

LOOK: ◯ White ◯ Cream ◯ Shiny ◯ Fluffy ◯ Smooth

FEEL (rub a pea-sized dab between your fingers): ◯ Light ◯ Thick ◯ Silky ◯ Greasy

SNIFF: ◯ Citrus ◯ Herbal ◯ Minty ◯ Sweet ◯ Spicy ◯ Fresh

STEP 2 — TEST IT LIKE A CUSTOMER

Wash and dry your hands. Scoop a pea-sized dab with a clean spoon, warm it between your palms, and rub it all over your hands. Wait 2 minutes.

◯ My hands feel soft ◯ Too greasy ◯ Soaked right in ◯ Too thick ◯ Just right

STEP 3 — MAKE IT YOURS

Circle anything you'd like to try in your next batch:

TEXTURE

- Whipped and fluffy
- Poured and smooth

BUTTER

- Mango butter
- Shea butter
- Cocoa butter

SCENT

- Candy Cane
- Sweet Orange + Nutmeg (Katie's spiced idea!)
- My own mix

CONTAINER

- Jar
- Tin

My favorite thing about my cream: _____

CIRCLE: Was your guess on page 26 right?

YES NO

Keep going: You've made FOUR products so far — two more to go!



Lesson Done!

*I am a **Confident Maker!***

✓ **THIS LESSON...**

- ☐ Read a real recipe from start to finish
- ☐ Measured and mixed real ingredients
- ☐ Whipped mango butter into a fluffy cream
- ☐ Made something I can actually use

SIGNED _____ DATE _____

What's Next?

Did you love making your Mango Butter Hand Cream? There's a whole lot more where that came from!

Ask your grown-up about the **Simply Earth Homeschool Recipe Box** — every month you get a new recipe, new ingredients, and a new lesson just like this one.



TIP

Right now, homeschool families get **50% OFF** their **first Recipe Box**! Every month you get *6 new recipes and the main ingredients* delivered to your door. And if you have ESA funds, the Recipe Box is ESA-eligible in most states. Keep the making going!